

Sheeran

Autumn 1 2026

All About Me

Intent

Our topic is 'All About Me.' We will help children settle into school routines, explore seasonal changes, talk about families and interests, and provide daily fine motor opportunities to support early writing.



Prime Areas

Personal, Social and Emotional Development

- Settling into school routines, building friendships, sharing and taking turns.
- Learning classroom expectations and developing independence.
- Talking about feelings and using simple strategies to manage them.

Communication and Language

- Talking about ourselves and our families.
- Listening to and retelling familiar stories.
- Learning new vocabulary linked to the body, senses and autumn.

Physical Development

- Gross motor: running, skipping, balancing, climbing.
- Fine motor: threading, tweezers with autumn treasures, cutting leaves, playdough, lacing, using peg boards, stickers.
- Developing pencil grip, mark-making and name writing.

Community

Learning about our school community – who helps us?

British Values

Understanding classroom and playground rules.

Outdoor/Environmental

Exploring autumn changes in Jessie's Garden.

PSHCE

All About Me – celebrating differences and similarities.

Specific Areas

Literacy

- Letters and Sounds Phase One games and intro to Phase two.
- Recognising their peg label
- Recognising their name
- Writing their name on work, in shaving foam, sand, with big paint brushes
- Following patterns
- Mark making in different areas of the classroom
- Practising letter formation using both indoor and outdoor activities.

Maths

- Select the correct numerals to represent 1-5 and then 1-10
- Find one more than & one less than (up to 5 objects)
- Put sets of objects in order of size
- Use shapes to make pictures and patterns and repeating patterns
- Focus on a number a week
- Matching pictures and objects

Important Information

Reading books will come home on Fridays along with sharing books; these both need to be returned before the next Friday.

Please remember to remove earrings for PE days

- Thursdays and Fridays

Children should come to school wearing PE kit on these days.

Sticky Knowledge

Parents/Carers can help children by discussing these essential facts and skills with their children.

Understanding the World

- Exploring families and traditions.
- Talking about senses (listening walk).
- Observing autumn changes in plants and weather.

Expressive Arts and Design

- Self-portraits.
- Autumn leaf printing and collage.
- Singing songs and rhymes.
- Role play: home corner.

Focus Books

- We're Going on a Bear Hunt
- Funnybones
- Colour Monsters
- What Makes Me, Me?
- Ruby's Worry
- Whatever Next?
- Non-fiction books about autumn and families.

Key Vocabulary

- Family, friends, school, rules
- Autumn, leaf, conker, acorn, tree, change, weather
- Numbers: more, fewer, same, one, two, three...
- Positional words: in, on, under, behind